

STUDENT DINNING ROOM

(Including "Manager's Special" Every Day)

Monday

Spicy Chicken Sandwich, Corn Dog
Cup of Noodles with half a Sandwich,

Tuesday

Cheeseburger, Hamburger, Grilled Cheese Sandwich,
Mac & Cheese, Cup of Noodles with Teriyaki Chicken

Wednesday

Chicken Patty, Bean & Cheese Burrito, Grilled Cheese Sandwich,
Cup of Noodles, with Orange Flavored Chicken

Thursday

BBQ Ribs, Macaroni & Cheese, Chicken Nuggets,
Cup of Noodles with Beef Broccoli

Friday

Spicy Chicken Patty, Bean & Cheese Burrito, Cup of Noodles
with Sweet & Sour Lettuce Cup

Assorted Freshly Prepared Sandwiches, Walk-away Salad,
Fruit Bowl & 8 oz. Yogurt, Cheese & Pepperoni Pizza,
California Rolls with half sandwich are offered daily.
All meals served with Choices of Green Salad or Vegetables,
Bread Basket, Baked Fries, Fresh or Chilled Fruit,
100% Fruit Juice, Milk or 100% Fruit Freezies
and an 8 oz. Bottled of Water

DAILY SPECIALS

THEME BARS

Monday

Chicken Fajita Garden Bar

Tuesday

Taco/Burrito Garden Bar

Wednesday

Chicken Fajita Garden Bar

Thursday

Pasta Garden Bar

Friday

Asian Garden Bar

RICE BOWLS

Monday

Orange Flavored Chicken

Tuesday

Beef & Broccoli Bowl

Wednesday

Orange Chicken

Thursday

Teriyaki Chicken Bowl

Friday

Orange Flavored Chicken

DAILY "VEGGIE" GARDEN BAR

Daily selection of Green leaf Salad, a variety of Fresh/Chilled Fruits and
fresh Vegetables including Carrots, Tomatoes, Corn, Vegetarian Beans,
Peas, Jicama and Bread Basket.

Mobil CARTS IN THE QUAD

Bread Sticks, Personal Pizza,
Cookies, Assorted Baked Chips, Milk, 100% Fruit Juice,
100% Fruit Smoothies, 20 oz. Bottle of Water
Mountain Blast, Fruit Punch Flavored of Powerade,
Assorted Meal Combos



BBQ Combo - "In & Out" Style - Daily

Freshly Grilled Hamburger, Grilled Chicken Fillet,
Spicy Sausage (Hot Link) or Hot Dog served with Fresh
Leaf Lettuce, Tomato, Onions, Pickles, a bag of Baked
Chips, Assorted Fresh Fruit, 100% Fruit Smoothie,
100% Fruit Juice or Milk with 8 oz. Bottle Water

CONVENIENT PREPAYMENT METHODS

Prepayments accepted in check, cash or save time
and sign up with 

Annual Prepayment of \$225.00 = 180 breakfasts

Annual Prepayment of \$405.00 = 180 lunches

Monthly Prepayment of \$25.00 = 20 breakfasts

Monthly Prepayment of \$45.00 = 20 lunches

Minimum a la carte payment—\$10.00

Prepayments may be made in the cafeteria at your
student's school or mailed to:

Food Services

319 N. Central Avenue

Glendale, CA 91203

PREPAYMENT IS REFUNDABLE ONLY IN THE
EVENT OF WITHDRAWAL FROM G.U.S.D.

A SERVICE FEE WILL APPLY



Wilson

Middle School

2009 - 2010

Breakfast and Lunch Menu



Glendale Unified School District Food Services
319 N. Central Avenue
Glendale, CA 91203
818-552-2677

Email: www.gusd.net/Food Services



BREAKFAST SPECIALS

Pizza Pocket, Breakfast Burrito,
Grilled Cheese Sandwich,
Assorted Bagels with Cream Cheese
Assorted Muffins, Cereal Variety,
Egg with Sausage and Hash Browns,
Ham with Egg & Cheese Muffins,
Yogurt, Pancake or waffle with Sausage,
Ham & Cheese Muffin, Egg & Cheese
Muffin, Breakfast Pizza

All Breakfast Entrees Served with
Choice of Fresh or Chilled Fruit,
Fresh Vegetables, Potato Rounds
100% Fruit Juice or Milk or
100% Fruit Freezie

**Breakfast Combo Deal
for \$1.25**

**First Choose an Entrée
Then Pick your Side Dish:
Fresh fruit Basket,
Choice of fresh Veggies
Finally Pick your 2nd side dish:
Choice of Milk or Juice**

Breakfast Served
7:00 a.m. - 8:10 a.m.
10:05 a.m.—10:20 a.m.

Lunch Served
12:21 p.m.-12:51 p.m.

MEAL PRICES

\$1.25 Breakfast
\$.25 Reduced
\$1.50 Adult

\$2.25 Lunch
\$.40 Reduced
\$2.50 Adult

SNACK / LUNCH

A la carte

Fountain Beverages:
Powerade: Mountain Blast, Fruit Punch
Cookies, Baked Chips, Bottled Water, Milk,
100% Fruit Juice, 100% Fruit Freezie

**Fruit & Veggies with Every
Combo Meal**

Under Offer vs Serve, ALL STUDENTS must select a
MINIMUM of one Entrée and one other menu item.
A complete combo meal means a student must select
one Entrée, one Side Dish or a beverage. Students
may take a MAXIMUM of all 3 menu items.

USDA is an equal opportunity provider and employer

WINDOW SERVICE COMBO MEALS & A LA CARTE

Assorted Rice Bowls,
Big Daddy Pizza, Spicy Chicken Patty,
California Rolls Combo, Assorted sandwiches
including Veggie Sandwich, Assorted
Walk-Away Salad, Cheese, Pepperoni or Veggie
Pizza, Hamburger, Cheeseburger, Cup of
Noodles Combo, Regular or Spicy Grilled
Cheese Sandwich, Yogurt, Bean & Cheese
Burrito

Baked Chips, Cookies, 100% Fruit Juice
100% Fruit Freezie, Milk, Bottle of Water

Lunch Combo Deal for \$2.25

1. Choose an Entrée
2. Pick your side dish: Fresh/Chilled
Fruit and/or Veggies or Garden Bar
(available in the Cafeteria)
or Bread Basket
3. Pick your 2nd side dish:
Choices of Milk or Juice and

MENU SUBJECT TO CHANGE.